Prior Learning
PSHE at primary school

All PSHE at St Joseph's is part of one of 4 key strands:

- Relationships, and Relationships and Sex Education
- Life Skills (Living In Our Wider World)
- Healthy Lifestyles (Health and Wellbeing)
- Careers Education Information Advice and Guidance (Living In Our Wider World)

Future Learning
PSHE in Year 8

1

SJCS PSHE Introduction and Healthy Start

Considering what kind of learner we want to be at St Joseph's
How we will contribute to the community

How to develop healthy habits to last a lifetime: healthy eating and healthy sleep habits

2

SJCS Financial Literacy and Inclusion

Financial literacy and inclusion; budgeting, spending decisions, being a critical consumer

3

CEIAG

What is CEIAG?
Skills and qualities
An introduction to Careerpilot

4

Relationships and Sex Education

Being healthy inside and out,
Staying safe, including online

5

Relationships and Sex Education

Being healthy inside and out,
Staying safe, including online

6

British Values

An introduction to British Values:
Democracy
Tolerance

LEARNING JOURNEY

Saint Joseph's
CATHOLIC SCHOOL

PSHE YEAR 7

Prior Learning
PSHE in Year 7

Future Learning
PSHE in Year 9

All PSHE at St Joseph's is part of one of 4 key strands:

- Relationships, and Relationships and Sex Education
- Life Skills (Living In Our Wider World)
- Healthy Lifestyles (Health and Wellbeing)
- Careers Education Information Advice and Guidance (Living In Our Wider World)

1

Positive mental health

What are attitudes to positive mental?
Emotional wellbeing and resilience
Digital resilience
Healthy coping strategies

2

Healthy Lifestyle and alcohol education

What are the blockers to a healthy lifestyle?
Why some people choose to drink
What are physical and social effects of drinking

3

Relationships

How can we differentiate between healthy and unhealthy friendships (real world and online)

4

Relationships and Sex Education

How can we differentiate between healthy and unhealthy friendships (real world and online)

5

British Vaues

British Values
What is the rule of law and why is it important?

6

CEIAG

Start with you!
Careers exploration
The Buzz Test

Saint Joseph's
CATHOLIC SCHOOL

LEARNING JOURNEY PSHE YEAR 8

Prior Learning
PSHE in Year 8

Future Learning
PSHE in Year 10

All PSHE at St Joseph's is part of one of 4 key strands:

- Relationships, and Relationships and Sex Education
- Life Skills (Living In Our Wider World)
- Healthy Lifestyles (Health and Wellbeing)
- Careers Education Information Advice and Guidance (Living In Our Wider World)

1

Finance Literacy and Inclusion

How much is known about money matters? The cost of a mobile phone Cryptocurrencies

2

British Values

Belonging and Community: Identity and Stereotypes, the protected characteristics

3

CEIAG

Options: what do I need to consider

4

Relationships

The Search For Love: love people, use things

5

Gambling Awareness

Gambling Awareness: w can we manage risk and impulsive behaviour? How can we challenge the gambling industry?

6

British Values

How does democracy work in the UK?

CEAIG

LEARNING JOURNEY

Saint Joseph's
CATHOLIC SCHOOL

PSHE YEAR 9

Prior Learning
PSHE in Year 9

Future Learning
PSHE in Year 11

All PSHE at St Joseph's is part of one of 4 key strands:

- Relationships, and Relationships and Sex Education
- Life Skills (Living In Our Wider World)
- Healthy Lifestyles (Health and Wellbeing)
- Careers Education Information Advice and Guidance (Living In Our Wider World)

1 — Positive Mental Health

Positive Mental Health; dealing with change and developing self regulation

2 — Drugs Education

Talk About Influences and Choices, Harms, Cannabis and Vaping

3 — CEIAG

The World of Work: Skills and Qualities and an introduction ot Work Experience

4 — Relationships

Beliefs and Values, attitudes, healthy and unhealthy relationships

5 — CEIAG

Final Work Experience Preparation

6 — British Values

British Values Revisited; tolerance and mutual respect

LEARNING JOURNEY

Saint Joseph's
CATHOLIC SCHOOL

PSHE YEAR 10

Prior Learning
PSHE in Year 10

Future Learning
Developing life skills post-16

All PSHE at St Joseph's is part of one of 4 key strands:

- Relationships, and Relationships and Sex Education
- Life Skills (Living In Our Wider World)
- Healthy Lifestyles (Health and Wellbeing)
- Careers Education Information Advice and Guidance (Living In Our Wider World)

1 CEIAG

Post-16 – what should be considered? Awareness of post-16 opportunities, including apprenticeships

2 Financial Literacy and Inclusion

Take Home Pay, budgeting, the importance of saving

3 Study Skills

Active revision skills!

4 Relationships and Sex Education

Freedom, choice and

5 British Values

British Values: Belonging and Community, valuing diversity

6 CEIAG and Study Skills

Intended Destinations Part 2
Active revision!

LEARNING JOURNEY

Saint Joseph's
CATHOLIC SCHOOL

PSHE YEAR 11