

PE

GCSE – Code: **8582** – Exam Board: **AQA**



Saint Joseph's
CATHOLIC SCHOOL

Assessment:

- **Paper 1** – The human body and movement in physical activity and sport : Written examination of 1 hour 15 minutes, 30% of final mark
- **Paper 2** – Socio-cultural influences and wellbeing in physical activity and sport: Written examination of 1 hour 15 mins, 30% of final mark
- **Non-exam assessment (NEA)** – Practical performance in physical activity and sport: Assessed internally, externally moderated, 40% of final mark

Key Information:

The written exam paper includes multiple choice questions, short answer questions and extended questions. The following topics are assessed:

Paper 1:

- Applied anatomy and physiology
- Movement analysis
- Physical training
- Use of data

Paper 2:

- Sports psychology
- Socio-cultural influences
- Health, fitness and wellbeing
- Use of data

Practical Performance:

Set in three different physical activities in the role of player/performer: one in a team activity, one in an individual activity and a third in either a team or individual activity.

For each of their three activities, pupils will be assessed in skills in progressive drills (10 marks per activity) and in the full context (15 marks per activity).

All practical evidence is internally marked but moderated by an external visiting moderator.

Analysis and Evaluation Coursework (10%)

Pupils will be assessed on their analysis and evaluation of performance to bring about improvement in one chosen activity.

Who is this course for?

The aim of this course is to develop knowledge, understanding, skills and values in order to develop and maintain pupil performance in physical activities, whilst understanding the benefits to health, fitness and wellbeing. Pupils will have the opportunity to engage in team and individual sports.

We recommend that pupils participate in a minimum of one sport outside school in order to access higher grades.

Skills Gained:

- Develop skills techniques, tactics, strategies and/or compositional ideas to enhance practical performance
- Develop theoretical knowledge and understanding how the physiological and psychological state can affect performance in physical activity and sport
- Understand socio-cultural influences which can affect people's involvement in physical activity and sport
- Able to work independently and in a team

Linked Careers:

- Teaching/Coaching
- Physiotherapy
- Sports Nutrition
- Sports Massage
- Sports Science
- Leisure Management
- Sports Journalism

For more information, see the full course specification:

[aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/specification](https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582/specification)

Or scan here:

