

Wiltshire Well-Being Hub

Our Wiltshire Wellbeing Hub remains in place for those who may need additional support. You can call the hub on 0300 003 4576 or email wellbeinghub@wiltshire.gov.uk . It's open Monday to Friday from 9am to 5pm.

Those who require help with tasks such as picking up food and other essentials, should ask friends or family or order online. If they do not have family, friends or a support network that can help, please contact the Wiltshire Wellbeing Hub and request help.

Our Wiltshire Wellbeing Hub staff can:

- Connect you with local community groups who can assist you with your support needs
- Resolve any issues with the delivery of medication from a pharmacy
- Give you ideas for staying physically and mentally well.

But they cannot:

- Give professional health advice
 - In an emergency please dial 999
 - For all other medical advice please go online to [NHS 111 online](#) wherever possible, or if you do not have access to the internet dial NHS 111.

MENTAL HEALTH SUPPORT LINKS

Need some mental health support? Below are all the numbers you'll need:

- North Team - 01249 468500
- South Team - 01722432555
- West Team - 01249 706611
- Emergency Duty Service for out of hours and weekends - 0300 456 0100 (Option 7 then 1 for Adults)
- Avon & Wilts mental health care provider (24/7) - 0300 303 1320
- NHS 'GoodSam' - 0808 196 3382
- Richmond Fellowship Mon-Fri 24 hours - 01380 72483